

MEMORY



MARCH 2025



LANE

Sunday

Monday

Tuesday

Wednesday

Thursday

Friday

Saturday

	<p>Afternoon Tea Monday- Friday 2:30 pm</p>	<p>MARCH ZODIACS PISCES (THE FISH) MARCH 1-20 ARIES (THE RAM) MARCH 21-31</p>	<p>Flower of the Month Daffodil The cheerful daffodil is associated with spring because it's one of the first flowers to bloom.</p>	<p>goodbye WINTER hello Spring</p>	<p><i>Women's History Month</i></p>	<p>1 10:30am Music & Movement 1:30pm March Music Madness!</p>
<p>2 10:30am Catholic Mass Video 1:30pm Oscar Sunday Movies and Stars</p>	<p>3 10:30am Monday Morning Stretch 1:30pm Finish the Phrase!</p>	<p>4 10:30am SingFit with Melissa! 1:30pm Mardi Gras Social</p>	<p>5 10:30am Video Rosary 1:30pm Fitness Fun with Chloe!</p>	<p>6 10:30am Sit & Be Fit Chair Exercise 1:30pm Lightening List It!</p>	<p>7 10:30am Songs of Praise & Inspiration 1:30pm The Beatles Biography & Greatest Hits!</p>	<p>8 10:30am Music & Movement 2pm Sing-A-Long with Mary Peck!</p>
<p>9 10:30am Catholic Mass Video 1:30pm Let's Sing! Karaoke!</p>	<p>10 10:30am Monday Morning Stretch 1:30pm Women's History Biographies!</p>	<p>11 10:30am SingFit with Melissa! 1:30pm Virtual Vacation to Ireland</p>	<p>12 10:30am Video Rosary 2pm March Birthday Celebration with Dayle Friedman!</p>	<p>13 10:30am Sit & Be Fit 1:30pm Story of Joyous Purim!</p>	<p>14 10:30am Songs of Praise & Inspiration 1:30pm Pi Day on a Friday</p>	<p>15 10:30am Music & Movement 1:30pm Call out the Answers</p>
<p>16 10:30am Catholic Mass Video 1:30pm Riverdance!</p>	<p>17 HAPPY ST. PATRICK'S DAY! 10:30am Monday Morning Stretch 2pm Saint Patrick's Day Celebration with Caterina D!</p>	<p>18 10:30am SingFit with Melissa! 1:30pm Creativity Hour! Springtime Craft</p>	<p>19 10:30am Video Rosary 1:30pm Word Challenge!</p>	<p>20 10:30am Sit & Be Fit Chair Exercise 1:30pm Spring is in the air... Trivia & Reminiscing!</p>	<p>21 10:30am Songs of Praise & Inspiration 1:30pm Happy Birthday, Lawrence Welk!</p>	<p>22 10:30am Music & Movement 1:30pm Puzzles & Ponderings!</p>
<p>23 10:30am Catholic Mass Video 1:30pm Color Therapy Music & Mandala's!</p>	<p>24 10:30am Monday Morning Stretch 1:30pm Fabulous Fun Facts!</p>	<p>25 10:30am SingFit with Melissa! 1:30pm Sir Elton John Day!</p>	<p>26 10:30am Video Rosary 1:30pm Musical Performance by Joe DePiola!</p>	<p>27 10:30am Sit & Be Fit Chair Exercise 1:30pm Baseball Opening Day!!</p>	<p>28 10:30am Songs of Praise & Inspiration 1:30pm Chicken or the Egg?</p>	<p>29 10:30am Music & Movement 1:30pm Singin' in the Rain!</p>
<p>30 10:30am Catholic Mass Video 1:30pm Name That TV Tune & Old Time Radio!</p>	<p>31 10:30am Monday Morning Stretch 1:30pm Twenty Questions!</p>	<p>MARCH MARCH MARCH MARCH MARCH M MARCH MARCH MARCH MARCH MARCH M MARCH MARCH MARCH MARCH MARCH M MARCH MARCH MARCH MARCH MARCH M</p>				

THERAPEUTIC

MARCH 2025

RECREATION

Sunday

Monday








Tuesday

Wednesday

Thursday

Friday

Saturday

 <p>THE HAMLET REHABILITATION AND HEALTHCARE CENTER AT NESCORSET</p>	<p>IN-HOUSE DELI LUNCHEON Thursday, March 13th <i>*Please sign up with recreation by March 9th as space is limited.*</i></p>	<p>TRIPS Jakes 58 Casino Tuesday, March 18th or Tuesday, March 25th</p>	<p>URBAN ZEN Wednesday's at 1:30pm in the 1st floor dining room!</p>	<p>VETERANS SOCIAL Thursday, March 6th 2-3pm in the cafe'</p>	<p><i>Women's History Month</i></p> 	<p>1 2:30PM BINGO</p>
<p>2 10:30AM Catholic Service 2:30PM PERFORMANCE BY THE MULVIHILL-LYNCH SCHOOL OF IRISH DANCE!</p>	<p>3 10:45AM 1:1 Visits and Independent Leisure 2:30PM Neighborhood News 6:45PM Poker Night</p>	<p>4 10:45AM 1:1 Visits and Independent Leisure 2:30PM Mardi Gras Social! 6:45PM BINGO!</p>	<p>5 10:45AM Rosary & Ash Wednesday 2:30PM FITNESS WITH CHLOE! 6:45PM Happy Hour & Family Karaoke Night</p>	<p>6 10:45AM 1:1 Visits and Independent Leisure 2:30PM BINGO! 6:45PM Poker</p>	<p>7 11AM SingFit with Melissa 2:30PM BINGO! 6:45PM Music to Remember with "Dr.Z"</p>	<p>8 2:30PM BINGO</p>
<p>9  Daylight Savings Time Spring Ahead! 10:30AM Catholic Service 2:30PM SITTING DUCKS BAND PERFORMANCE!</p>	<p>10 10:45AM 1:1 Visits and Independent Leisure 2:30PM Triple the Bucks Jeopardy! 6:45PM Poker Night</p>	<p>11 10:45AM 1:1 Visits and Independent Leisure 2PM Catholic Mass followed by Trivia with Tom! 6:45PM BINGO!</p>	<p>12 10:45AM Rosary 2:30pm Luck O' The Irish Word Challenge 6:45PM Happy Hour & Family Karaoke Night</p>	<p>13 10:45AM 1:1 Visits and Independent Leisure 2:30PM Happy Purim Purim Celebration followed by BINGO! 6:45PM Poker</p>	<p>14 11AM SingFit with Melissa 2:30PM BINGO! Pi Day Friday 6:45PM Poker!</p>	<p>15 1PM Virt-U-Well with Jon! 2:30PM BINGO</p>
<p>16 10:30AM Catholic Service 2:30PM SING-A-LONG WITH MARY PECK!</p>	<p>17 HAPPY ST. PATRICK'S DAY! 10:45AM 1:1 Visits and Independent Leisure 2:30PM CELEBRATING ST. PATRICK'S DAY WITH JOHNNY WHIMPLE! 6:45PM Poker Night</p>	<p>18 10:45AM 1:1 Visits and Independent Leisure 2:30PM Riverdance! 6:45PM BINGO!</p>	<p>19 10:45AM Rosary 2:30pm What's Cookin? 6:45PM Happy Hour & Family Karaoke Night</p>	<p>20 10:45AM 1:1 Visits and Independent Leisure 2:30PM BINGO! 6:45PM Poker</p>	<p>21 11AM SingFit with Melissa 2:30PM SPRING FLING WITH LONGEVITY! 6:45PM BINGO!</p>	<p>22 2:30PM BINGO</p>
<p>23 10:30AM Catholic Service 2:30PM MARCH BIRTHDAY PARTY WITH DAVE PATRICK!</p>	<p>24 10:45AM 1:1 Visits and Independent Leisure 2:30PM Movie Character Guess Who? 6:45PM Poker Night</p>	<p>25 10:45AM 1:1 Visits and Independent Leisure 2:30PM Armchair Traveler: Ireland 6:45PM BINGO!</p>	<p>26 10:45AM Rosary 2:30pm Lifelong Learners: Women's History Month 6:45PM Happy Hour & Family Karaoke Night</p>	<p>27 10:45AM 1:1 Visits and Independent Leisure 2:15PM Food Council followed by Resident Council 6:45PM BINGO!</p>	<p>28 11AM SingFit with Melissa 2:30PM BINGO! 6:45PM Music to Remember with "Dr.Z"</p>	<p>29 2:30PM BINGO</p>
<p>30 10:30AM Catholic Service 2:30PM Sunday Afternoon Matinee'</p>	<p>31 10:45AM 1:1 Visits and Independent Leisure 2:30PM Family Feud! 6:45PM Poker Night</p>	<p> Manicures by Diane Monday's in the salon \$13 (filing & polish) - See reception to make your appointment</p>	<p>goodbye WINTER hello Spring</p>			<p> ALL PROGRAMS ARE SUBJECT TO CHANGE.</p>