

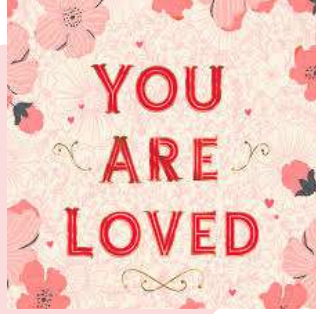












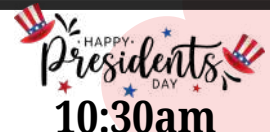








MEMORY FEBRUARY 2025 LANE

SUNDAY	MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY	SATURDAY
<p><i>Celebrate</i> Black HISTORY <i>month</i></p>	<p>NEW Manicures by Diane Monday's in the salon \$13 (filing & polish) - See reception to make your appointment</p> 	<p>February is Heart Health Month</p> 	<p>YOU ARE LOVED</p> 	<p><i>Vance Strolling!</i> LOOK OUT FOR VANCE STROLLING DOWN A HALLWAY NEAR YOU! WEDNESDAY'S AROUND NOON!</p>	<p>BE MY VALENTINE</p> 	<p>1 <u>10:30am</u> Glenn Miller Dance Workout! <u>1:30pm</u> Old Time Radio & Commercials</p> 
<p>2 Groundhog Day <u>10:30am</u> Catholic Mass Video <u>1:30pm</u> Black History Music & Biographies</p>  	<p>3 <u>10:30am</u> Monday Morning Stretch <u>1:30pm</u> Fascinating Fun Facts</p>	<p>4 <u>10:30am</u> SingFit with Melissa <u>1:30pm</u> Chinese New Year</p> 	<p>5 <u>10:30am</u> Video Rosary <u>1:30pm</u> Art from the Heart</p> 	<p>6 <u>10:30am</u> Sit & Be Fit <u>2pm</u> Sing-A-Long with Mary Peck!</p>	<p>7 WEAR RED DAY! <u>10:30am</u> Songs of Praise & Inspiration <u>1:30pm</u> Word Games</p> 	<p>8 <u>10:30am</u> Music & Movement <u>1:30pm</u> Junk Drawer Detective</p>
<p>9 SUPERBOWL SUNDAY <u>10:30am</u> Catholic Mass Video <u>1:30pm</u> Football bloopers!</p> 	<p>10 <u>10:30am</u> Monday Morning Stretch <u>1:30pm</u> Candy Phrases Finish the Line</p> 	<p>11 <u>10:30am</u> SingFit with Melissa <u>1:30pm</u> Short Stories: Be My Valentine</p>	<p>12 <u>10:30am</u> Video Rosary <u>1:30pm</u> Fitness Class with Chloe!</p>	<p>13 <u>10:30am</u> Sit & Be Fit <u>1:30pm</u> Name that Love Song</p> 	<p>14 HAPPY <i>Valentines</i> DAY <u>10:30am</u> Songs of Praise & Inspiration 2pm Valentine's Day Party with Johnny Whimple!</p> 	<p>15 <u>10:30am</u> Music & Movement <u>1:30pm</u> Who Sang It?</p>
<p>16 <u>10:30am</u> Catholic Mass Video <u>1:30pm</u> Lightening List It!</p> 	<p>17 HAPPY <i>Presidents</i> DAY <u>10:30am</u> Monday Morning Stretch <u>1:30pm</u> Presidential Trivia and Fun Facts!</p> 	<p>18 <u>10:30am</u> SingFit with Melissa <u>1:30pm</u> Destination Vacation: Rome, Italy</p> 	<p>19 <u>10:30am</u> Video Rosary <u>1:30pm</u> Famous Duo's!</p> 	<p>20 <u>10:30am</u> Sit & Be Fit <u>2pm</u> Sing-A-Long with Mary Peck</p>	<p>21 <u>10:30am</u> Songs of Praise & Inspiration <u>1:30pm</u> The Common Factor</p>	<p>22 <u>10:30am</u> Music & Movement <u>1:30pm</u> Can You Picture This?</p>
<p>23 <u>10:30am</u> Catholic Mass Video <u>1:30pm</u> EZ Does It Trivia</p>	<p>24 <u>10:30am</u> Monday Morning Stretch <u>1:30pm</u> Chicken or the Egg?</p> 	<p>25 <u>10:30am</u> SingFit with Melissa <u>1:30pm</u> Karaoke Fun!</p> 	<p>26 <u>10:30am</u> Video Rosary <u>2pm</u> February Birthday Party with Curtis Maxwell!</p> 	<p>27 <u>10:30am</u> Sit & Be Fit <u>1:30pm</u> Pop Culture!</p>	<p>28 <u>10:30am</u> Songs of Praise & Inspiration <u>1:30pm</u> Resident Choice!</p>	<p> THE HAMLET REHABILITATION AND HEALTHCARE CENTER AT NESCONSET All programs are subject to change.</p>