

THERAPEUTIC

MARCH 2023

RECREATION



SUNDAY	MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY	SATURDAY
<p>THE HAMLET REHABILITATION AND HEALTHCARE CENTER AT NESCONSET</p>	Trip to Harbor Crab Tuesday, March 21st 	Trip to Caffe Amici Tuesday, March 28th 	01 10:30AM Rosary VANCE STROLLING! 2:30PM Fitness with Chloe from Kev's Gym! 6:45PM Happy Hour & Family Karaoke Night	02 11AM Exercise & Daily Chronicle 2:30PM Computer BINGO! 6:45PM Poker Night	03 11AM 1:1 Visits & Independent Leisure 2:30PM Computer BINGO! 6:45PM Music to Remember with "Dr.Z"	04 2:30PM
05 10:30AM Catholic Service 2:30PM A Crafternoon with Melanie	06 PURIM 11AM 1:1 Visits & Independent Leisure 2:30PM Triple the Bucks Jeopardy 6:45PM Movie Night with snacks!	07 11AM Exercise & Daily Chronicle 2:30PM Neighborhood News 6:45PM Computer BINGO!	08 10:30AM Rosary 2:30PM March Birthday Celebration with Georgie Maselli! 6:45PM Happy Hour & Family Karaoke Night	09 11AM Exercise & Daily Chronicle 2:30PM Computer BINGO! 6:45PM Poker Night	10 11AM 1:1 Visits & Independent Leisure 2:30PM Computer BINGO! 6:45PM Poker Night	11 2:30PM
12 DAYLIGHT SAVINGS TIME BEGINS! SPRING AHEAD! 10:30AM Catholic Mass Video 2:30PM A Crafternoon with Melanie!	13 11AM 1:1 Visits & Independent Leisure 2:30PM NEW Performance by Nina Et Cetera! 6:45PM Roulette	14 11AM Exercise & Daily Chronicle 2pm Catholic Mass followed by Trivia for Bonus Bucks 6:45PM Computer BINGO!	15 10:30AM Rosary VANCE STROLLING! 2:30PM What's Cookin'? 6:45PM Happy Hour & Family Karaoke Night	16 11AM Exercise & Daily Chronicle 2:30PM Computer BINGO! 6:45PM Poker Night	17 St. Patrick's Day 11AM 1:1 Visits & Independent Leisure 2:30PM St. Patrick's Day Celebration with Johnny Whimple! 6:45PM Music to Remember with "Dr.Z" WEAR GREEN!!	18 2:30PM
19 10:30AM Catholic Service 2:30PM A Crafternoon with Melanie!	20 HELLO SPRING 11AM 1:1 Visits & Independent Leisure 2:30PM The Price is Right 6:45PM Poker Night	21 11AM Exercise & Daily Chronicle 2:30PM Armchair Travel: Ireland 6:45PM Computer BINGO!	22 10:30AM Rosary 2:30PM THE GOLDEN GIRLS EXPERIENCE!! NEW 6:45PM Happy Hour & Family Karaoke Night	23 11AM Exercise & Daily Chronicle 2:30PM Food Council followed by Resident Council 6:45PM Computer BINGO	24 11AM 1:1 Visits & Independent Leisure 2:30PM Computer BINGO! 6:45PM Poker Night	25 2:30PM
26 10:30AM Catholic Service 2:30PM A Crafternoon with Melanie	27 11AM 1:1 Visits & Independent Leisure 2:30PM FAMILY FEUD Family Feud 6:45PM Roulette	28 11AM Exercise & Daily Chronicle 2:30PM Biography: Elizabeth Taylor 6:45PM Computer BINGO!	29 10:30AM Rosary 2:30PM Musical Performance by Jimmy Salvemini! 6:45PM Happy Hour & Family Karaoke Night	30 11AM Exercise & Daily Chronicle 2:30PM Horseracing 6:45PM Computer BINGO!	31 11AM 1:1 Visits & Independent Leisure 2:30PM Computer BINGO! 6:45PM Music to Remember with "Dr.Z"	IN-HOUSE PIZZA LUNCHEON THURSDAY, MARCH 16TH

FOR EACH PETAL ON THE SHAMROCK, THIS BRINGS A WISH YOUR WAY:
 GOOD LUCK, GOOD HEALTH AND HAPPINESS FOR TODAY AND EVERYDAY.

-IRISH BLESSING

ALL PROGRAMS ARE SUBJECT TO CHANGE.



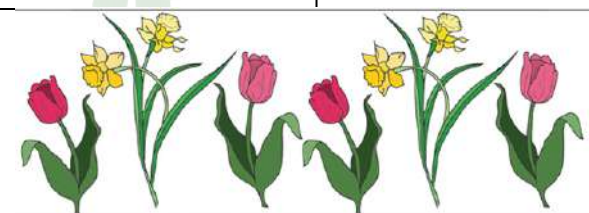
MEMORY

MARCH 2023

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SUNDAY	MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY	SATURDAY
			01 10:30AM- Video Rosary 11AM- Table Talk 1:30PM- FITNESS FUN WITH CHLOE FROM KEV'S GYM! 3PM- The Andy Griffith Show	02 10:30AM- Sit & Be Fit 11AM- What Comes to Mind? 2PM- Biography: Desi Arnaz 3PM- Pop Culture!	03 10:30AM- Songs of Praise 11AM- Songs from The Sound of Music 2PM- SING-A-LONG WITH MARY PECK! 3PM- Facts about the Sunshine State!	04 10:30AM- Music & Movement 11AM- Joyful Reflections 2PM- Best of Melody Lane 3PM- True or False?
05 10:30AM- Virtual Catholic Mass 11AM- Make Your Point 2PM- This or That? 3PM- Baby Love	06 PURIM 10:30AM- Monday Morning Stretch 11AM- The Story of Purim 2PM- Songs of The Drifters 3PM- Ambient Flowers	07 10:30AM- Move & Groove 11AM- Finishing Words 2PM- Name 7 on the 7th! 3PM- One Hit Wonders	08 10:30AM- Video Rosary 11AM- International Women's Day 2PM- CELEBRATING MARCH BIRTHDAY'S WITH DAYLE FRIEDMAN! 3PM- Famous March Birthdays	09 10:30AM- Sit & Be Fit 11AM- EZ Short Story: The Recipe 2PM- Memory Stretchers 3PM- Peace in Poetry	10 10:30AM- Songs of Praise 11AM- Movies & Stars 2PM- Barbra Streisand: One Voice Concert 3PM- Quotable Quotes	11 10:30AM- Music & Movement 11AM- Sights & Sounds 2PM- Happy Birthday, Lawrence Welk! 3PM- Read & Write
12 Daylight Savings Time Begins! Spring Forward! 10:30AM- Virtual Catholic Mass 11AM- Easy Listening 2PM- Creativity Hour 3PM- Reminiscing: The Oscars	13 10:30AM- Monday Morning Stretch 11AM- Would you Rather? 2PM- Outburst! 3PM- Sing-A-Long	14 10:30AM- Move & Groove 11AM- March Madness Trivia 2PM- Add A Word 3PM- Oldies But Goodies	15 10:30AM- Video Rosary 11AM- Laugh About It 2PM- River Dance 3PM- James Taylor Greatest Hits!	16 10:30AM- Sit & Be Fit 11AM- Hot off the Press 2PM- Virtual Vacation: Ireland 3PM- The Gumby Show	17 St. Patrick's Day 10:30AM- Songs of Praise 11AM- LUCK O' THE IRISH TRIVIA 2PM- ST. PATRICK'S DAY CELEBRATION WITH CATERINA D. 3PM- OLD IRISH BLESSINGS	18 10:30AM- Music & Movement 11AM- Now & Then 2PM- EZ Music: Toss a Tune 3PM- Twenty Questions
19 10:30AM- Virtual Catholic Mass 11AM- Folktales & Fables 2PM- Brain Boosters 3PM- Old Time Radio	20 HELLO SPRING 10:30AM- Monday Morning Stretch 11AM- Let's List It 2PM- Spring into Spring Craft 3PM- Trivia Challenge	21 10:30AM- Move & Groove 11AM- Remembering Iconic Outfits 2PM- Showtunes Tuesday 3PM- Can You Picture This?	22 10:30AM- Video Rosary 11AM- Word Scrambles 2PM- SING-A-LONG WITH JOE DEPIOLA! 3PM- Wiser Now Wednesday	23 10:30AM- Sit & Be Fit 11AM- I Hear Memories! 2PM- Call Out The Answer 3PM- Cuddly Kitten & Puppy Day!	24 10:30AM- Songs of Praise 11AM- Finish the Beatles Song 2PM- Table Ball 3PM- Fabulous Fun Facts	25 10:30AM- Music & Movement 11AM- Who? What? When? 2PM- Sir Elton John Day 3PM- A-Z Trivia
26 10:30AM- Virtual Catholic Mass 11AM- Your Choice YouTube! 2PM- Name That Tune 3PM- Word Challenge	27 10:30AM- Monday Morning Stretch 11AM- Famous Faces 2PM- The Common Factor 3PM- The Sensational 60's	28 10:30AM- Move & Groove 11AM- Susie Q Sing-A-Long 2PM- Words in Words 3PM- Animal Bloopers	29 10:30AM- Video Rosary 11AM- Finish the Lyrics 2PM- PERFORMANCE BY TONI HOME PERM! 3PM- Music & Mandala's	30 10:30AM- Sit & Be Fit 11AM- Baseball Bloopers 2PM- Baseball Opening Day! 3PM- Trivia & Reminiscing	31 10:30AM- Songs of Praise 11AM- Songs from the musical Oklahoma! 2PM- SING-A-LONG WITH MARY PECK! 3PM- Chicken or the Egg	goodbye WINTER hello Spring



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